

10 Leisure Walks of Discovery A Boot Up

THE WESTERN YORKSHIRE DALES

Keith Wood

The Western Dales lie on the edge of the Yorkshire Dales National Park roughly between Kirkby Lonsdale in the north to Skipton in the south running along the busy A65 trunk road. The area includes Yorkshire's famous Three Peaks country featuring the highest peaks in the county. Walks visit famous landmarks such as Malham Cove and Goredale Scar and the subsidiary valleys including Ribblesdale, Clapdale, Twisleton and Dentdale. The Western Dales offers both easy and more challenging walking in the magnificent limestone surroundings with valley walks, waterfalls in abundance and an ascent of the magnificent Ingleborough.

In line with other books in the series 10 walks have been selected with the majority being short and easy; suitable for a half day with the family, but also including a couple more challenging walks to give a taste of the fell walking also available. The ten walks are:

- MALHAM COVE AND GOREDALE SCAR •
- MALHAM TARN AND COVE • SETTLE AND ATTERMIRE SCAR • STAINFORTH, FEIZOR AND THE RIBBLE • AUSTWICK AND CLAPPERSDALE •
- AROUND CLAPHAM BECK • INGLETON FALLS •
- CHAPEL LE DALE AND TWISLETON SCARS •
- INGLEBOROUGH • HEAD OF DENTDALE.

Halsgrove's new-format guidebook, containing maps, photographs and useful information will ensure a great walking experience. Packed with colour, the book is an ideal reminder of a visit to the area.

ABOUT THE AUTHOR

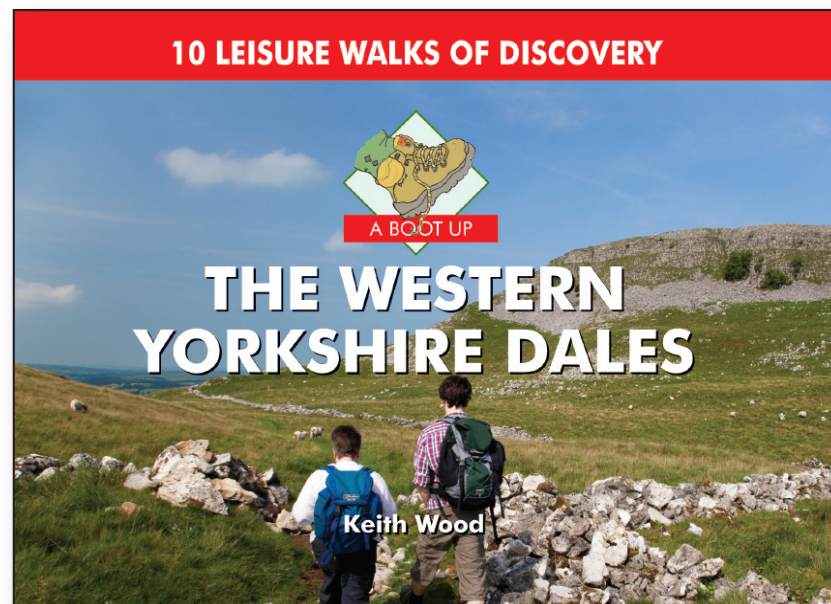
Keith Wood is an experienced and much published local photographer and writer who has lived in Penrith on the edge of the Lake District for over 12 years. His work has been published in all the local interest periodicals including *Cumbria*, *Cumbria Life*, and *Lakeland Walker*. Additionally his work has been regularly used by Friends of the Lake District to illustrate their publications and calendars. He is a contributor to the Britain on View photo library. *A Boot Up the Western Dales* is the tenth of Keith's books in the "Boot up" series for Halsgrove.

HALSGROVE CATALOGUE

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A BOOT UP THE WESTERN YORKSHIRE DALES



Dent Railway Station



Packhorse bridge over the River Dee



Janet's Foss



Entrance to Jubilee Cave



Artengill Viaduct


1 Malham Cove and Goredale Scar



Sheep in meadows near Malham

Just past Miles Barn a junction of paths is reached, turn right to follow the route of the Pennine Way across back to Malham, signed 'FP Malham 1/2 mile'. With Malham Cove once again in view in the foreground the path makes its way through the fields beside Malham Beck back to Malham. Just past the entrance to the car park cross back over the beck on an ancient footbridge and back to the start.

Goredale Scar



2 Malham Tarn and Cove

Take a stroll through the magnificent limestone landscape above Malham Cove



This second route in the Malham area gives the opportunity to further explore the magnificent limestone landscape and dry valleys above Malham Cove. It's almost two walks in one, with the main route being a walk along the two dry valleys south of Malham Tarn, followed by an extension to visit Malham Tarn itself. Whatwases is a spectacular deep side valley, cut by Ice Age melt waters through the limestone. Malham Tarn is also a walk from the Ice Age being dominated by glacial moraine, its level being raised by the head of man in 1791 with the construction of the outlet down and west by Lord Ribblesdale.

Level: 500m
Length: 3.75 miles (6km)
Ascent: 200 feet (75m)
Terrain: Easy walking on deer paths with one steep bank to cross

Park and Start: Car park at Malham Tarn on the National Trust's Malham Cove Estate. No facilities on site, but plenty down in Malham itself www.nationaltrust.co.uk



Malham Tarn and Cove

Malham Tarn

Wetlowses dry valley

2 Malham Tarn and Cove

Example of a double-page spread.